MENTAL & BEHAVIORAL HEALTH RESOURCES

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MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Brook Hill Farm, Equine Therapy - All ages

Brook Hill Farm’s Rockin’ Riders Program was designed to serve people with special needs in an inclusive community-based setting.  The participants are taught riding and horsemanship skills in a social environment.  The Rockin’ Rider experience aids in promoting physical, mental, and emotional well-being. We follow strict guidelines for safety, horse care, business and ethical standards. Participants are paired with rescue horses to work on developing riding skills and independence.

7291 Bellevue Rd

Forest, VA 24551

<https://brookhillfarm.org>

secretary@brookhillfarm.org

540-586-0207

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Centra Autism and Developmental Services - Up to 21 years

The Centra Autism and Development Center offers a wide range of services—testing and diagnosis, therapies, school, and in-home including ABA (Applied Behavior Analysis) Therapy. Centra's Autism and Developmental Center provides comprehensive & individualized treatment plans that help patients make developmental improvements in key functioning areas

693 Leesville Road

Lynchburg, VA 24502

<https://www.centrahealth.com/AutismServices>

Crystal Collette

[crystal.collette@centrahealth.com](mailto:crystal.collette@centrahealth.com)

434-485-4763

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Strategic Therapy Associates - 3 years-21 years (based on insurance)

Intensive In-Home, Therapeutic day treatment, Mental Health Skill building, Crisis services, outpatient therapy

66 Timberoak Ct

Lynchburg, VA 24502

<http://s614510739.initial-website.com/>

434-237-9450

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MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Therapeutic Alliance LLC - 3 years-21 years (based on insurance)

Autism Behavioral Services integrate multidisciplinary clinical and medical services with the behavioral treatment protocol to increase the enrollee’s adaptive functioning and communicative abilities. Family training and counseling related to the implementation of Autism behavioral treatment is included to ensure that the enrollee’s family is trained to successfully manage clinically designed behavioral modification strategies in the home setting.

20566 Timberlake Road

Lynchburg, VA 24502

<https://therapeuticalliancellc.com/mental-health-services/autism-behavior-services/>

<https://therapeuticalliancellc.com/contact-therapeutic-alliance/>

[info@taculture.com](mailto:info@taculture.com)

434-239-4400

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Family Preservation Services

At Family Preservation Services, our Child & Adolescent Services work closely with parents and other caregivers to learn and implement effective communication strategies, daily routines, and the development of healthy, meaningful social relationships. Services include: Intensive In-Home Services, Behavior Treatment Services, Therapeutic Mentoring Services, Virtual Residential Program

18321 Forest Road

Lynchburg, VA 24502

<https://fpscorp.com/lynchburg-page/>

434-528-9711

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Humankind -Counseling Center

Together, we develop a well-defined and customized plan for each person that meets the individual’s needs and goals. Services are provided at HumanKind offices and integrated into home, school and community-based settings, and include individual, family and group counseling, and mental health treatment and evaluation. These services are tailored to meet the developmental and relational needs of the client and their family system.

150 Linden Ave

Lynchburg, VA 24503

<https://www.humankind.org/locations/presbyterian-homes-campus/>

[info@humankind.org](mailto:info@humankind.org)

434-384-3131

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Johnson Health Center

Family medicine, behavioral health and pharmacy.  All insurances are accepted. Uninsured or underinsured patients may apply for a reduced fee rate based on household size and income.

320 Federal St.

Lynchburg, VA 24504

<https://www.jhcvirginia.org/>

434-947-5967

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

Intercept Health

Our clinicians specialize in working with people of all ages by providing specific, individualized treatment services which are evidence-based, guided by research and driven by the goal of positive health and well-being. Services include counseling, ABA therapy, social skills groups

2900 Old Forest Road

Suite A

Lynchburg, VA 24501

<https://www.intercepthealth.com/>

434-338-7463

MENTAL & BEHAVIORAL HEALTH-COUNSELING / Other Behavior Therapy

DePaul Community Resources

DePaul offers outpatient counseling to children, adolescents, and adults. The frequency and duration of therapy sessions are individualized, based upon the needs of the person receiving therapy as well as the availability of funding. DePaul also offers Intensive In-Home Services, which are delivered in the home to children and families. Families participating in this program receive family counseling, individual counseling, and service coordination provided by one of DePaul’s licensed staff members. To remove barriers to treatment and allow children to receive needed psychiatric care from afar, DePaul also offers telepsychiatry.

Lynchburg VA

<https://www.depaulcr.org/support-services/community-based-services/>

Wendy McCoy-Kilgore

[LPCwmccoy-kilgore@depaulcr.org](mailto:LPCwmccoy-kilgore@depaulcr.org)

434-455-3727

MENTAL & BEHAVIORAL HEALTH-INTERVENTION/CRISIS SERVICES

Horizon Behavioral Health/REACH Program -17 and under

Provides 24/7 Mobile Crisis Response, Crisis Intervention/Stabilization Services in the home, school, community setting, Prevention Services in the home setting. All clients receiving any of these services MUST be diagnosed with either an Intellectual or Developmental Disability.

2305 Landsdown Place

Lynchburg, VA 24501

[www.horizonbh.org](http://www.horizonbh.org)

888-908-0486

Amanda Cunningham

[reachemail@horizonbh.org](mailto:reachemail@horizonbh.org)

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MENTAL & BEHAVIORAL HEALTH-INTERVENTION/CRISIS SERVICES

Dominion Youth Services

Community based mental health services: intensive in-home, day support, & crisis stabilization

#104 2600 Memorial Ave

Lynchburg, VA 24501

<https://dominionyouthservices.com/>

Bianca Bragg

[bianca.bragg@dominionyouthservices.com](mailto:bianca.bragg@dominionyouthservices.com)

MENTAL & BEHAVIORAL HEALTH-PSYCHIATRISTS

Centra Autism and Developmental Services

Areas of special interest include autism and childhood developmental disorders.

692 Leesville Road

Lynchburg, VA 24502

[https://www.centrahealth.com/facilities/autism-and-developmental-services center](https://www.centrahealth.com/facilities/autism-and-developmental-services%20center)

Dr. Jitendra Annapareddy

434-200-5750

MENTAL & BEHAVIORAL HEALTH-PSYCHIATRISTS

Centra Autism and Developmental Services

Dr. Brennan specializes in the evaluation and follow-up of developmentally at risk or delayed infants and toddlers. She has been providing these services to area children and their families since 1984.

693 Leesville Road

Lynchburg, VA 24502

<https://www.centrahealth.com/facilities/autism-and-developmental-services-center>

Dr. Terry Brennan

434-200-3047